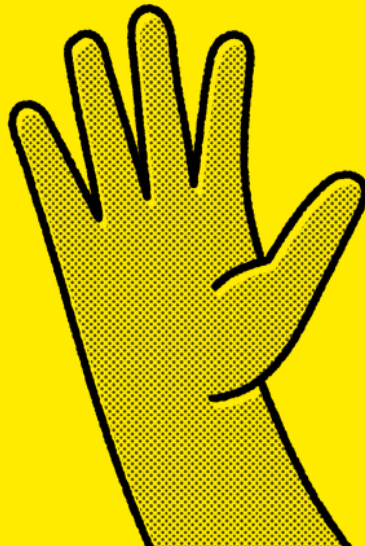




**The charity helping
everyone in the advertising,
marketing & media industry
move forward**



nabs.org.uk
Charity Reg. Number: 1070556

Feeling stuck? We'll help you through

The advertising and media industry is in our bones. We love it. We challenge it. We balance it. Because no matter how brilliant our industry is, it is human. Which means the road can be rocky, but we're here for the ride.

As an independent charity, we're set on advancing the mental wellness of our industry and helping everyone find their way forward - wherever they're starting from.



Get confidential help via our advice line
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